



**Thursday,
March 5, 2020**

BELL SCHEDULE

THURSDAY

**Parent/Teacher Student Conferences
Altered Bell Schedule**

FRIDAY

**Block 1
8:00-9:12**

**Block 2
9:16-10:28**

**FLEX
10:28-10:57**

**Block 3
11:01-12:13**

**LUNCH
12:13-12:53**

**Block 4
12:57-2:09**

**Block 5
2:13-3:25**

Grade 9 Immunizations

PARENT/TEACHER STUDENT CONFERENCE
THURSDAY, MARCH 5TH

Block 1	8:00 – 9:12 am	72 minutes
Block 2	9:16 – 10:06 am	50 minutes
Block 3	10:10 – 11:00 am	50 minutes
Break	11:00 – 11:10 am	10 minutes
Block 4	11:15 am – 12:05 pm	50 minutes
Block 5	12:10 – 1:00 pm	50 minutes

THURSDAY: FORMAL DAY

Gabby Lester performing
MAGIC SHOW in Theatre at
lunch

FRIDAY: PJ DAY

WEDNESDAY: DECADE DAY

Grades 9/10- 60's/ 70's
Grades 11/12- 80's/ 90's
KARAOKE AT LUNCH

EACH DAY A DRAW FOR
MOST SPIRITED

SPIRIT WEEK

COME TO TABLE IN GRAND
HALL TO BE ENTERED IN THE
DRAW!!!

MARCH 9-13

**MONDAY: GRADE
COLOUR DAY**

Grades 9/10 – Burgundy
Grade 11- White
Grade 12- Black

TUESDAY: TWIN DAY

PHOTO CONTEST

Theme:

WE ARE KODIAKS

Submit one photo to
pkhalili@sd43.bc.ca
by March 13 2020

1st Place: **\$75** 2nd Place: **\$50** 3rd Place: **\$25**

Reminder to Staff & Students

→ Courtesy during the Cold & Flu Season

Please remember to . . .

→ wash your hands regularly during the flu season to avoid getting sick

→ if you feel a cough or sneeze coming on, please cough or sneeze into your elbow



P.E. LOCKERS

Sending out a friendly reminder to students . . .

#1 P.E. lockers are to be used ONLY during your P.E. Class.

#2 The P.E. lockers are NOT meant to be used as a school locker.

#3 DO NOT leave your clothes and/or valuables in an unlocked P.E. locker during your P.E. class.



LIBRARY – FLEX TIME



A friendly reminder to students that FLEX time in the Library is for ‘quiet’ study not social time.

Those students not being respectful of this guideline will be asked to leave the Library.

AP CALCULUS EXAM

- Any students interested in writing the AP Calculus exam must pay their exam fee (\$135) online or at the office before **March 6 deadline**.
- If you are not taking AP Calculus this semester and you wish to write the exam, see Ms. Riczu at the office for payment.
- If you have any questions, email Ms. Rai (mrai@sd43.bc.ca).



EUCLID

Time to register for the most prestigious
SENIOR MATH CONTEST
of the year!!!!

See Ms. Paisley in RM 232.
Deadline to register: Friday March 13th
Cost: \$18

FOUND

Have you lost your:

- **Earpods**
- **Eye glasses**
- **cell phone**
- **watch ???**

We have several in the office. Please come to the office to claim.

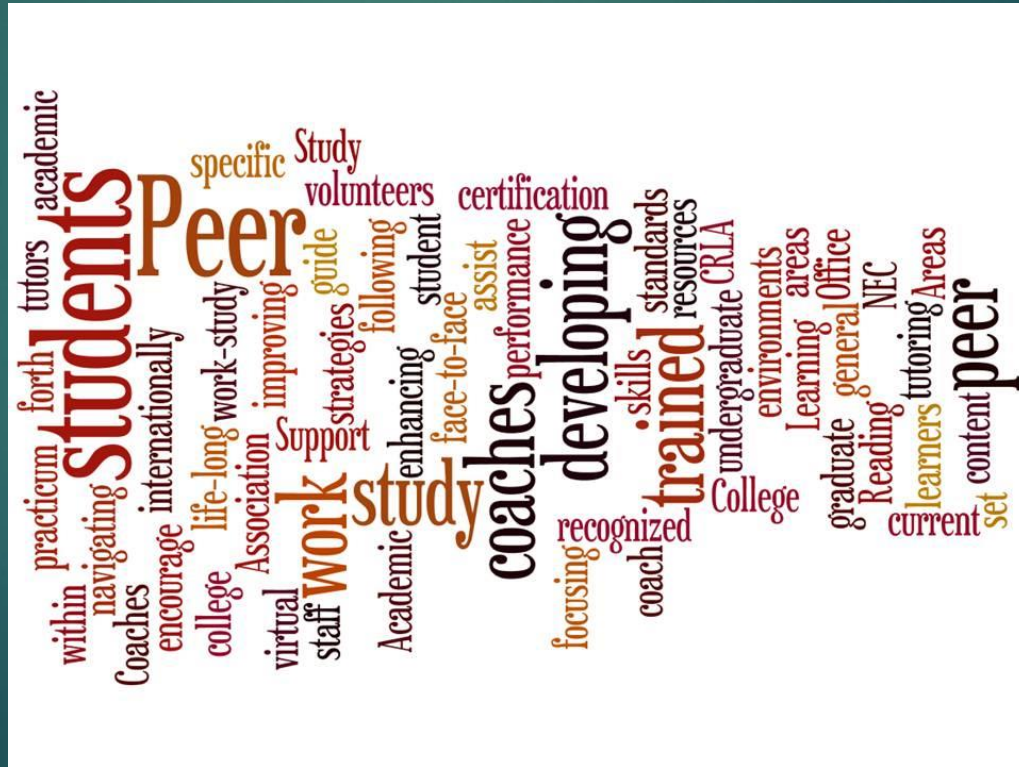


GRADE 10'S

If you signed up for science co-op next year, you should check the door of room 315 to make sure your name is on the list. If it is not, please let Mr. Baldus or Ms. Wilson know.

PEER TUTORS

Meeting this Friday @ FLEX in the Mat room.



Multicultural Brunch

***Got Any Talents?
Want to perform in
Multicultural Brunch?***

Come to our Audition on March 12th!

**Please contact our email for sign up:
multiculturalbrunch2020@gmail.com**



WESTWOOD PLATEAU

GOLF & RESTAURANT

HIRING FAIR

MONDAY MARCH 16, 2020

4:00 PM TO 8:00 PM

DROP IN - EVERYONE WELCOME

3251 PLATEAU BVD, COQUITLAM, BC

THE CAFETERIA HAS GONE GREEN!

Exciting news Kodiaks!

ALL utensils and containers
from the cafeteria are NOW
COMPOSTABLE!

Make sure you throw your
waste in the correct bin!

*plastic around
cookies/muffins goes in
garbage



Brought to you by the Environmental and Outdoors Club

GRADE 12'S: PLEASE MAKE SURE YOU HAVE COMPLETED THE CLC REFLECTION QUESTIONS. PLEASE SELECT THE LINK THAT CORRESPONDS TO YOUR CLC 12 TEACHER'S NAME. (NOTE: MRS. GAY AND MRS. WOOD'S STUDENTS ARE COMBINED INTO GAY. MS. SALOUSTROS' NAME IS ABBREVIATED TO SAL.)

- <https://tinyurl.com/capstone2020Nunn>
- <https://tinyurl.com/capstone2020Gay>
- <https://tinyurl.com/capstone2020Pavan>
- <https://tinyurl.com/capstone2020Bell>
- <https://tinyurl.com/capstone2020Swanson>
- <https://tinyurl.com/capstone2020Jarvis>
- <https://tinyurl.com/capstone2020Sal>

Swanson CLC 12

- ▶ Capstone Presentation marks and final marks are ready.
- ▶ Please see Ms. Swanson in room 242 this week.

Ms. Wood's CLC 11

- ▶ Next class is Tuesday March 10th at FLEX in Room 202

**Feb 13-21,
2021**

**Interested in
joining our
adventure to
COSTA
RICA?**

**See Ms. Prosperi-
Porta or
Mr. Ross for
information.**



**KEEP
CALM
we are going to
COSTA
RICA**

Coast to Coast COSTA RICA 2021

A Caribbean to Pacific Adventure

For a limited time,
program price is
\$3775. Includes all
meals and Insurance.

BONUS!!!

Enroll **NOW** to be
entered in a draw for
travel vouchers.

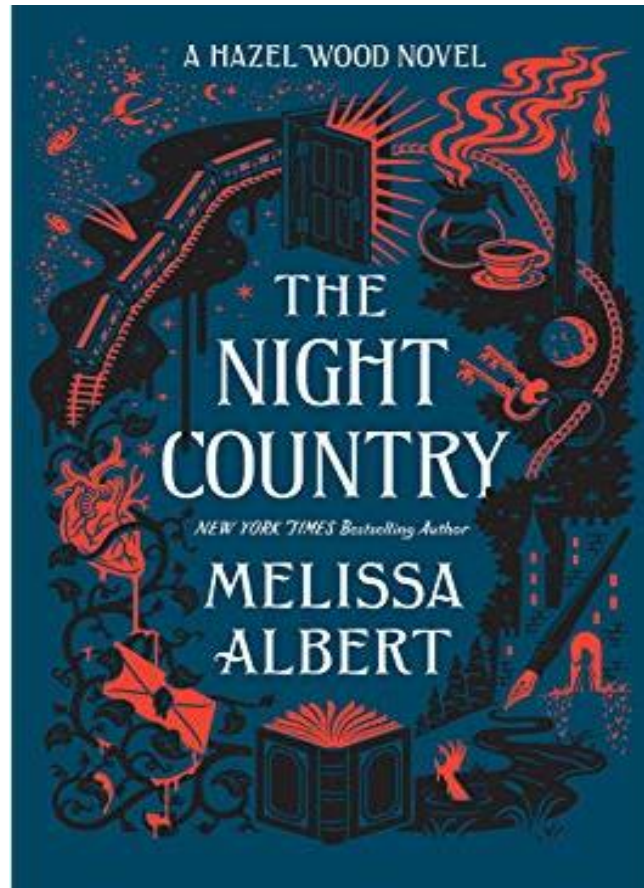
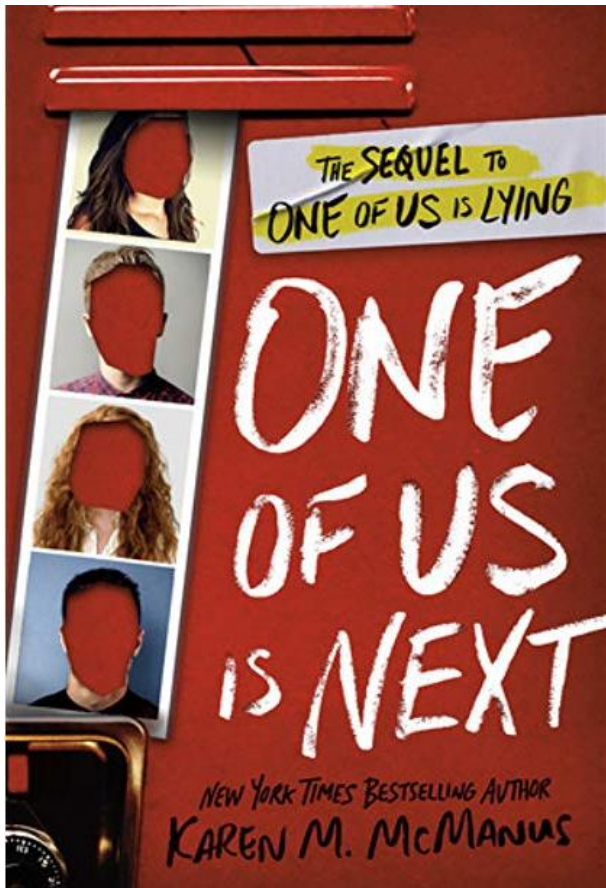


See Ms Prosperi-Porta for info.

Italy and Greece
May 21st to 30th 2021

For more info see Mr. Castonguay or Ms. Wood





**Come and check out the new books at the
HWSS Library**

HWSS LANYARDS For Sale

Please come to the main office to purchase.

COST: \$5.00



KODIAK ATHLETICS



HWSS TRACK & FIELD

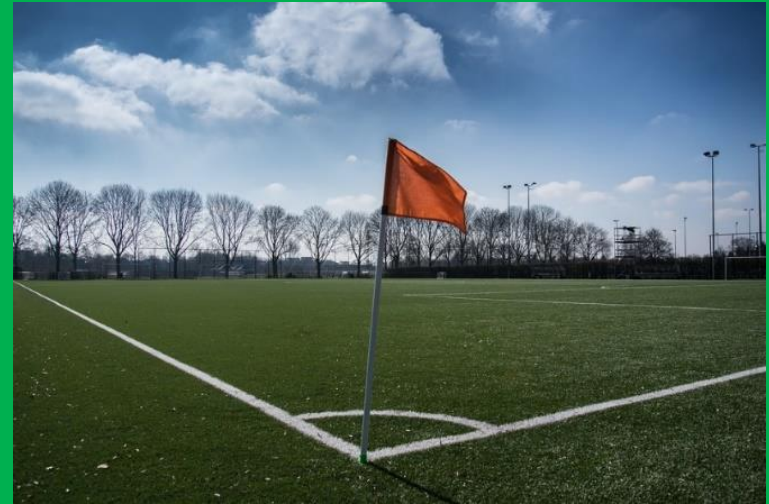


- Anyone who wants to join the team, see Mr. Tyldesley in room 240 for an information form.**
- Jersey deposit (\$100 cheque) must be paid to Ms. Chan (room 311 in the mornings)**
- All athletes must pay fees online.**
- Distance practices: on Wednesday/Friday afterschool @3:40 before Spring break.**

Girls Soccer Senior + Junior Try-Outs

Junior Try-Outs

Thursday, March 5 - 1:30 start on the turf



CLUBS





2020

KODIAK TIMES *high!*

Interested in **literature/journalism**?
Want to **write, draw, or podcast** stories of the kodiaks?

Join **HWSS Newspaper Club - Kodiak Times!** 

Go to **bit.ly/kodiaktimes** and fill out the form in order to sign up for our club.

Meeting **Today** at Lunch in Room 216A  

You can attend the meeting without signing up beforehand -
we can sign you up **on spot** as well.

vol. 0 no. 0

Diplomacy Club

- Interested in managing international relations?
- Want to improve your...
 - ✓ decision making skills
 - ✓ relationship building skills
 - ✓ negotiating skills



**Meetings on Thursdays Lunch
in Room 241**

JOIN THE HSEO CLUB

-INTERESTED IN JOINING **SCIENCE
COMPETITIONS** TO BOOST YOUR RESUME?

-WANT TO EARN **PRESTIGIOUS AWARDS**
FROM BIG UNIVERSITIES LIKE UBC AND U OF T?

NEXT MEETING:

THURSDAY @ LUNCH IN
ROOM 316



Stock Market Club

Compete with others in a stock market simulation game and learn investment tips and strategies.

Thursdays at Lunch in Room 301

(Mr. Sather's Room)

Contact: 127-eesmail@sd43.bc.ca for questions



KPOP DANCE CLUB MEETING

WHERE? ROOM 311

WHEN? **Thursday @ LUNCH**



powered by

 **PIKTOCHART**



Spice and Wolf

狼と香料

New Meeting Date!



HWSS Anime Club

Join us every Thursday at LUNCH
in room 217

Contact Us at HWSSANIME@gmail.com



Need volunteer hours and opportunities?

JOIN KEY CLUB!

- Student led organization
- Many volunteer opportunities
- Good on university applications

Meetings are every Thursday at lunch in room 238. See you there!

The World Scholar's Cup Club



Do you want to...
Make global connections?
Learn how to debate?
Participate in an international competition?
Learn how to write award winning essays?
Make friends from all over the world?



The World
Scholar's Cup®

**COME TO ROOM 239 ON
THURSDAYS AT LUNCH FOR
MORE INFORMATION**





SKI & SNOWBOARD CLUB

**Sign Up in
Room 314**

**Next Trip:
March 7**

SKI & SNOWBOARD CLUB

Want to shred at Whistler?



Space is becoming limited...

Mar. 7 – 1 or 2 spots remaining

CAREER CENTER



Scholarship Meeting

- Tuesday March 10th at lunch in library
- Local Scholarship package: District Authority Awards and other awards just for Gr. 12 HWSS students
- Come and learn what is offered and how to correctly complete your application.
- You cannot win if you do not apply!!



Douglas College Entrance Scholarships **Deadline Extended to March 16, 2020**



- Douglas College offers scholarships and awards, some up to \$20,000, which could cover a student's full education. In addition, conditional acceptance is no longer required; students simply need to submit the application and supporting documentation, including two reference letters, a 1000-word essay, and demonstrated financial need (if applicable) by the deadline. Once you complete the application form, either paper or on your myAccount, you will be eligible for all 70 scholarships and awards.
- If you have applied to Douglas College I encourage you to apply for an entrance scholarship and award by March 16.

BCIT PATHWAY TO SUCCESS AWARDS

BCIT Pathway to Success Awards are for students planning to enter into a full-time first year technology, technical studies or trade program (excluding Apprenticeship) directly from high school. Essentially all programs except the 7 week apprenticeship program. If in doubt, please ask!

The intent of these awards is to recognize students who are well-rounded citizens, who have displayed leadership qualities, and have demonstrated that they are willing to work hard to achieve their goals. Commitment and drive are as important as formal academic standing.

Value: up to \$1500 per term for 2 consecutive terms (max \$3,000)

- School District #43 (Coquitlam) – 3 awards
- Selection is based on demonstrated leadership skills and/or additional responsibilities such as family. Examples are:
 - Leadership training/courses
 - Volunteer and/or community service
 - Work experience
 - Captain/president of sports team or group
 - Involvement in extracurricular activities
 - Play a major role in supporting their family, financially or otherwise
- Letter of recommendation from school district (letter should be from a HWSS teacher, counsellor or admin and on HWSS letterhead)

APPLICATION DEADLINE: APRIL 1, 2020

Eligibility Criteria:

- You must have applied for admission to BCIT and have been assigned a BCIT ID
- You must be citizens or permanent residents of Canada
- You must commence your BCIT full-time studies before March 31, 2021
- A recipient must remain registered as a full-time student during the academic period for which an award is given
- A recipient must maintain satisfactory academic standing during the academic period for which an award is given
- Awards are not deferrable and must be accepted in the year in which they are awarded.
- Recipients of a Pathway award are not eligible to receive BCIT entrance award

Applications available on the HWSS Career Centre under entrance awards:

[http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=](http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/)

SUBMIT COMPLETED APPLICATION BY 12:30 PM APRIL 01, 2020 TO MS BUTLER OR MRS MARTIN

The Coast Capital Youth Intern Program

More than just a paycheque.

The opportunity: A year long, paid work experience with professional training.

Who should apply: Students entering grade 11 or 12 in September 2020.

Why Apply:

- Professional paid work experience
- Expand your skillset and resume
- Build your network

Comprehensive Training:

- Financial Literacy
- Community Involvement
- Collaboration and Teamwork



Want to join the team?

If you're a student entering grade 11 or 12 in September 2020 and live in Metro Vancouver, the Fraser Valley, or Greater Victoria, we encourage you to apply.

To learn more or apply online, visit coastcapitalsavings.com/youthinterns.

Applications close April 10th, 2020.



Are you a grade 11 or 12 student who is curious about a career in policing? Want to learn from the best about investigative methods and advanced driving techniques? Then consider applying for the New Westminster Police Department Student Police Academy. **Application deadline is April 10th, 2020 and the fee to apply is \$50.**

The Academy runs from June 29 – July 10, 2020. Applications can be dropped off in person at the New Westminster Police Department front desk or digitally sent to Constable Callaghan tcallaghan@nwpolice.org

- This two week program gives you a behind the scenes look at all aspects of being a police officer. From physical conditioning and self-defense tactics, to scenario-based simulations and firearm safety, you'll receive from police the most up to date tactical training.
- You will learn about the many different aspects of policing from exciting guest speakers. Meet members of the K9 Unit, see the police helicopter – Air 1 up close, and get out on the water with the NWPD Marine Unit.
- This is your opportunity to see what it takes to be a police officer.

<https://www.nwpolice.org/join-nwpd/student-police-academy/>

UBC ENGINEERING Upcoming Events for Girls

UBC Engineering Upcoming Events for Girls

Changing the World: Engineering the Future

Saturday, March 28, 2020

Grades 10-12

Explore why engineering is an amazing career for women who want to change the world, help improve the lives of others and the environment around us, and who like teamwork and problem-solving. Solve real engineering challenges, learn about different types of engineering, talk to current students, hear from recent alumni and tour the campus.

Engineering Explorations 11:

ECE & the Future of Tech

Saturday, February 1, 2020

Grade 11

As technology continues to expand its presence in our daily lives, engineering allows us to leverage new technologies for more applications.

Engineering Explorations 10:

Sustainability for Our Future

Saturday, February 22, 2020

Grade 10

Using the engineering design cycle and a focus on environmental engineering, you'll ideate new solutions to an engineering problem that many countries face today.

Engineering Explorations 8:

The Variety of Engineering

Saturday, March 14, 2020

Grade 8

Debunk your perceptions of engineering and experience what engineers do everyday!



Technovation Girls

February 7, March 6, or April 17

Ages 10-18

Build an app to solve a problem you identify within your community. Offered through UBC Geering Up.

Girl Powered Design Club

Saturdays starting January 25

Grades 8-10

It includes activities from all streams of STEM (Science, Technology, Engineering, and Math) in the form of hands-on activities, engineering design projects, and student competitions.

To RSVP or learn more: women.engineering.ubc.ca/events



THE UNIVERSITY OF BRITISH COLUMBIA

Engineering



UBC Geering Up
Engineering Outreach

SAVE THE DATE!
FREE ADMISSION

2020 VANCOUVER INTERNATIONAL UNIVERSITIES FAIR

April 19, 2020 | 1 p.m. – 4 p.m.
Vancouver Convention Centre — East Building
Vancouver, BC, Canada

Including Universities from across Canada and the World

For more information, visit www.nacacfairs.org/vancouver



NACAC
National Association for
College Admission Counseling

INTERNATIONAL
ACAC

REPEAT NOTICES



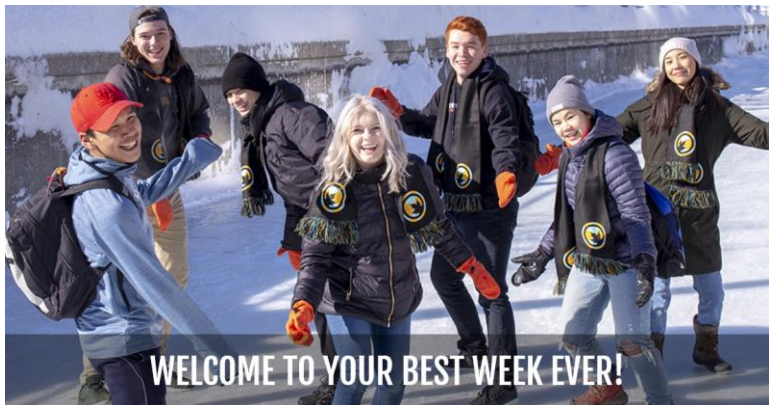


Be part of this great event by joining our amazing team of volunteers:

- To contribute to your francophone community
- To take part in this BC premier event and have fun
- To meet new people
- To taste and experience the unique francophone ambience!

For more information and online application

visit: <http://www.festivaldubois.ca/volunteer/>



Theme	Dates	Rebate	Price after rebate
Business & Entrepreneurship	Mar 1 - Mar 7, 2020	\$150 rebate	\$600
Medicine & Health	Mar 8 - Mar 14, 2020	n/a	\$650
Law & our Justice System	Mar 15 - Mar 21, 2020	n/a	\$650
Sports & Fitness	Mar 22 - Mar 28, 2020	\$100 rebate	\$650
Science & Technology	Mar 29 - Apr 4, 2020	Limited availability	\$650
History & Leadership Formerly: Vimy: Canada's Coming of Age	Apr 5 - Apr 11, 2020,	\$100 rebate	\$650
Medicine & Health	Apr 12 - Apr 18, 2020,	n/a	\$650
Democracy & Youth	Apr 19 - Apr 25, 2020,	\$100 rebate	\$650
Experience Canada	Apr 26 - May 2, 2020,	n/a	\$650

Simply follow the "REGISTER NOW" link on the home page of Encounters with Canada: www.ewc-rdc.ca.

****DISCOUNTS are offered until March 13, 2020, or until funds run out.**



BE A SPRING BREAK CAMP VOLUNTEER!

Make a difference this spring by volunteering at Place des Arts

home to our
arts community
**PLACE
DES
ARTS**



The Spring Break Camp Program

Spring Break Camp runs from Monday, March 16 – Friday, March 20, 2020. The program includes classes in visual arts, dance, drama and music.



Volunteer Roles and Responsibilities

Volunteers will work closely with Place des Arts staff and teachers to ensure the camp runs smoothly.

Responsibilities of volunteers may include:

- Ensuring that students sign in and sign out each day;
- Escorting students to and from their classes;
- Taking attendance;
- Monitoring the distribution and use of supplies;
- Working individually with students who need extra support;
- Supervising children during breaks and before-camp and after-camp care.

The Application Process

Applicants must be 13 years or older by the start of the camp.

Visit placedesarts.ca under support us/volunteer and:

- If you are a new volunteer: submit the online *Volunteer Application Form* with references and attend an interview*
- If age 18+, submit a criminal record check;
- Attend a mandatory orientation and training session.

**We will contact you to arrange an interview after we receive your application*

Apply Now!

Questions?

Contact Place des Arts' Volunteer Coordinator at 604.664.1636 ext. 36 or volunteer@placedesarts.ca

1120 Brunette Avenue, Coquitlam | 604.664.1636 | www.placedesarts.ca

Looking for a challenge outside the classroom?

Looking for a **challenge** outside the classroom?



Stimulate your passion for STEAM with *Future Science Leaders!*

Future Science Leaders (FSL) is a weekly after-school science enrichment program that opens the world of STEAM (science, technology, engineering, art and design, and mathematics) to secondary students.

FSL programs are available in:

Vancouver—TELUS World of Science

Surrey—Health and Technology Innovation Hub

“I can say 100% I would not be doing this job right now which I really love (research engineer at VGH) without *FSL*. The network and support continue when you leave the program.”

Edward Wang,
FSL Discover 2012

For more information and to sign up for notifications, visit scienceworld.ca/futurescienceleaders

**SCIENCE
WORLD**

**FUTURE
SCIENCE LEADERS**

NACAC

National Association for
College Admission Counseling
1900 N Highland Blvd
Suite 400
Princeton, NJ 08540

The 2019 Vancouver International Universities Fair saw universities from Australia, Canada, China, France, Germany, Greece, Ireland, Italy, Japan, Spain, Switzerland, the United Kingdom and the United States.



SAVE THE DATE!

The 2020 Vancouver International Universities Fair, Sunday, April 19, is the collective effort of the National Association for College Admission Counseling and the International Association for College Admission Counseling. We work in collaboration for the benefit of our student and parent communities.

Many Canadian students seek postsecondary education in Canada, the United States, the United Kingdom, as well as other countries.

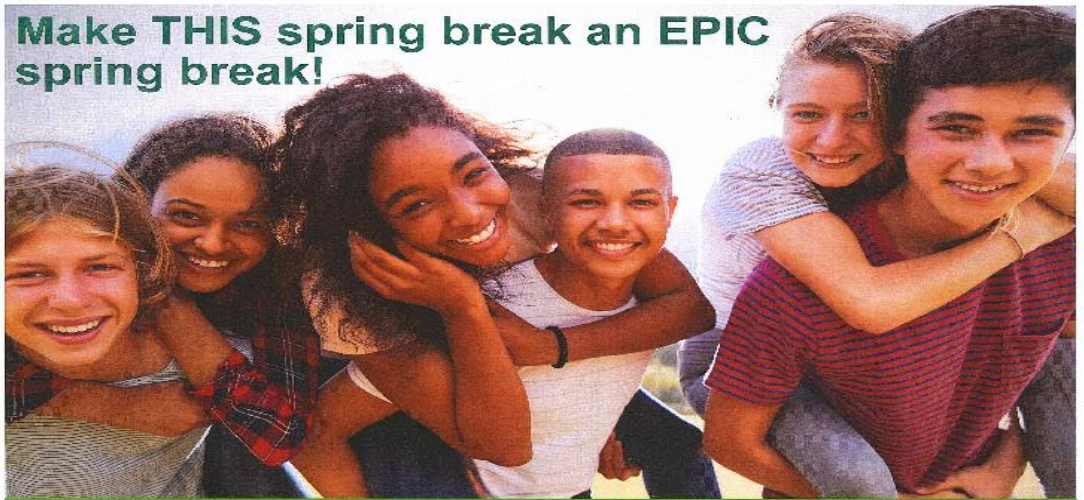
To receive additional information and updates about this fair, join the mailing list at www.nacacfairs.org/vancouver.



For additional information about the 2020 Vancouver International Universities Fair, contact Nancy Cromarty at ncromarty@wpga.ca or Kel McDowell at kmcdowell@wpga.ca.

PORT MOODY REC COMPLEX

Make **THIS** spring break an **EPIC** spring break!



Activities may include trips to:

- Extreme Air Park
- Apex Adventure Plex
- Sports
- Watermania
- Swimming - CCAC
- Lazer Tag

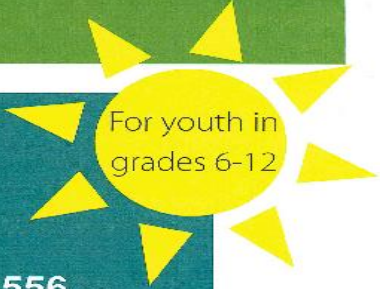
Out trips subject to change without notice.

Spring Break camps run:

Mon-Fri Mar.16-20 9am-4pm

Mon-Fri Mar.23-27 9am-4pm

Register at portmoody.ca | 604.469.4556



For youth in
grades 6-12



Port Moody Recreation Complex
300 Ioco Road, Port Moody, BC | 604.469.4556 | www.portmoody.ca

PORT MOODY
CITY OF THE ARTS



ATLAS Masterclass

Saturday, April 4 2020
8:30 AM to 4:15 PM
FREE

Each year more than **10,000 high school students** from **50 different countries** visit a nearby university or research center in order to unravel the **mysteries of particle physics**. Students will learn about research methods and topics, analyze real experimental data, and share results with other sites over a videoconference.

Connect

Participate in international videoconferences with the **ATLAS control room** and other students.

Learn

Participate in lectures from active scientists about the **fundamentals of physics** and research.

Experience

Perform measurements on real data from the **ATLAS detector** in the **CERN Large Hadron Collider**.

Explore

Tour **leading universities** and **research centres** with the world-class researchers who work there.

More info and registration:
triumf.ca/atlas-masterclass

For one of three locations TRIUMF, SFU or UVIC

TRIUMF— 4004 Wesbrook Mall
Vancouver BC V6T 2A3

physicsmasterclasses.org

Join the Vancouver Aquarium Youth Team!

Volunteer Opportunities for Ages 14-18

Build your leadership , public speaking, and customer service skills while expanding your knowledge of marine life and conservation in a fun filled environment as an

Animal Interpreter Share animal stories and information through conversations, engaging props, and live animal handling

Children's Interpreter Paint faces, make crafts, and facilitate live animal handling in order to build connections between the Aquarium's youngest visitors and the animals in our care

Visitor & Gallery Assistant Deliver a personal and memorable experience to visitors from the moment they arrive. Assisting with admissions, guest services and visitor interactions throughout the facility, including live animal handling.

YouthToSea Spring & Summer Leadership Youth in the program will volunteer in our AquaCamps at the Vancouver Aquarium during our Spring or Summer sessions working with children. Youth volunteers will expand their social network, increase their marine conservation knowledge, connect with their community and gain employment skills.

Commitment dates & times will vary by position

Apply online today

<https://www.vanaqua.org/join/volunteer/work-experience>

workexperience@ocean.org



OPERATION MED SCHOOL IS OPENED FOR REGISTRATION

<https://operationmedschool.com/>

March 8th 8:30 – 5:30 at Robert H. Lee Alumni Centre, University of British Columbia

- Operation Med School (OMS) is a non-profit, student-run organization that hosts one-day conferences in Canada and the USA to educate youth about the journey of a medical career. Our goal is to inspire, inform and encourage students to follow their medical dreams and head bravely into their future endeavors.

OMS was started by a group of high school students in Vancouver, BC in 2012. Each conference gives students a new approach to medical careers through activities and lectures by medical experts. It is the perfect chance for high school students to explore the medical field, meet peers who share the same passion, and speak with knowledgeable medical professionals.

OMS has been creating an opportunity for youth to gain valuable leadership and event management skills since it began in 2012 as a conference *for* high school students *from* high school students. As the organization has grown, each city conference continues to be organized by a team of local high school students.

APPLICATION DEADLINE: MAY 1, 2020. PLEASE RETURN YOUR APPLICATION
TO: campaignitebc@gmail.com
If you have questions feel free to see Ms. Butler for more information.

CAMP IGNITE 2020

August 6 - 9

*Applications available
at CAMPIGNITE.COM*

